

# AFRICA AFRICA CALLING

1 July 2023 10am-5pm

Music therapy in therapeutic music improvisation workshop  
Non therapists and all visual and performing arts therapists welcome



## ALL DAY WORKSHOP

at Old Diorama Arts Centre  
201 Drummond Street, London NW1 3FE

£80.00 STUDENTS / £100.00 NON-STUDENTS

To book contact Risenga Makondo  
HCPC / BAMT registered music therapist  
email [risengamakondo@yahoo.co.uk](mailto:risengamakondo@yahoo.co.uk)  
CALL/SMS 07518642935

### Session 1

How to work with individual clients with head injuries. The aim is to help clients regain communication skills using music as a non-verbal communication tool between client and therapist.

### Session 2

Working with individuals who may find music and sounds discomfoting. Learn how to work in a non-intrusive manner, using music to comfort, enabling the client to observe and be receptive to sound safely.

*FREE LUNCH: AFRICAN / AFRICAN CARIBBEAN FOOD VEGETARIAN / MEAT / VEGAN (on booking make us aware of allergies)*

### Session 3

Workshop on group dynamics and how to keep pupils/clients interested in music making. Introducing different musical styles to meet group and individual needs, while focusing on well-being. The aim of this workshop is to bring happiness and positive change to client and therapist.

### Session 4

Listening and enhancing the development of empathy, awareness and musical skills in improvisation. Through non-verbal music improvisation we will work on group compositions. There will be opportunities for discussion and a final performance.

**Risenga Makondo** is an accomplished composer, musician, dancer, and workshop facilitator. He plays and teaches a range of African musical instruments, jazz double bass and belongs to Camden Symphony Orchestra. He's a full time African music facilitator for Hertfordshire Music Service and designed an educational program for the service - Creative Music Nurture Group - to prevent young people from school exclusion. The program uses music therapy methods and African music techniques and has been adapted by other music services nationally. Risenga has done workshops for BAMT, Roehampton University, Nordoff-Robbons, the World Congress of Music Therapy, Music Space, and Sound Wave South West.